DECEMBER 2022

ASSISTED LIVING

ACT - 1st Floor, AL Activity Room **STU** - 2nd Floor, 5280 Studio

LNG1 - 1st Floor, Lounge

THR - 1st Floor, Summit Theater

PDR - 3rd Floor, Private Dining

CSL - 3rd Floor, Creekside Lounge **AAR** - Aspyre Activity Room ACY - Aspyre Courtyard

SIG - 3rd Floor, RM Signature Room ADR - Aspyre Dining Room ALR - Aspyre Living Room **DEP1 -** Depart, 1st Floor



Room						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Emotional Social Food Spiritual Intellectual Technology Music Physical				10a	10a ● Movement & Balance STU 2 1045a ★ Low Vision Support THR 2p ★ Afternoon Music ACT 3p ● 3D Virtual Reality LNG1 4p ● Tai Chi w/ Paula STU 630p ● Movie Night THR	10a ★ Qigong with Ana STU 11a ○ Word Warriors ACT 3p ○ Musical Moments THR 4p ○ 1:1 Room Visits 6p ★ Denver Parade of Light THR
10a MileHi Sunday Service THP1 11a Broncos Game THR 130p Play American Mahjong ACT 4p Scrabble ACT 630p Family Movie THR	10a Armchair Exercise STU 11a Group Crossword ACT 2p Team Jeopardy THR 3p 3D Virtual Reality LNG1 4p Current Events THR 630p Game Night ACT	10a ● Armchair Exercise STU 10a ★ King Sooper DEP1 11a ● Brain Games ACT 2p ● Card Making ACT 230p ★ Donation Drop Off DEP1 4p ★ Happy Hour CSL 630p ● Documentary THR	10a ● Armchair Exercise STU 11a ● Boggle Word Game ACT 130p ● Play American Mahjong CSL 2p ● Poetry Café THR 3p ● Dominoes:Mexican Train ACT 4p ★ Remembrance THR 630p ● Game Night ACT	930a ★ Hammonds Candies DEP1 10a Armchair Exercise STU 11a ★ Catholic Communion 11a Wordle Word Game ACT 2p Uno Card Game ACT 3p Trivia ACT 4p ★ New Resident Social LNG1 630p Classic Movie THR	10a ● Movement & Balance STU 9 11a ★ Mobile Library LNG1 2p ● Quarter BINGO ACT 3p ● 3D Virtual Reality LNG1 4p ● Tai Chi w/ Paula STU 630p ● Movie Night THR	10a ★ Qigong with Ana STU 11a Word Warriors ACT 3p Travelogues THR 4p 1:1 Room Visits 630p Evening Movie THR
10a ● MileHi Service THR 11a ● Coffee & Chat ACT 130p ● Family Movie THR 130p ● Play American Mahjong ACT 3p ★ Church Choir CSL 4p ● Quirkle Tile Game ACT 620p ● Broncos Game THR	10a ● Armchair Exercise STU 12 11a ● Group Crossword ACT 2p ● Team Jeopardy THR 3p ★ Pet Visit LNG1 4p ★ Donation Project ACT 630p ● Game Night ACT	945a ★ Walgreens DEP1 10a ● Armchair Exercise STU 11a ● Brain Games ACT 1130a ★ Hampton Creek DEP1 120p ★ DJDS Kids Visit ACT 3p ● Cornhole LNG1 4p ★ Happy Hour CSL 6p ★ Holiday Lights DEP1 630p ● Documentary THR	10a ● Armchair Exercise STU 14 11a ● Boggle Word Game ACT 130p ● Play American Mahjong CSL 230p ★ High Tea SIG 4p ★ Holiday Sing Along CSL 630p ● Game Night ACT	10a ● Armchair Exercise STU 15 10a ★ Union Station DEP1 11a ★ Catholic Communion 11a ● Wordle Word Game ACT 2p ● Holiday Crafts ACT 4p ● Cookie Decorating LNG1 630p ● Classic Movie THR	10a ● Movement & Balance ST 16 11a ● Current Events THR 2p ● Small Prize BINGO ACT 3p ● 3D Virtual Reality LNG1 330p ★ Travels with Chris THR 630p ● Movie Night THR	10a ★ Qigong with Ana STU 11a Word Warriors ACT 3p Musical Moments THR 4p 1:1 Room Visits 630p Evening Movie THR 645p ★ Arapahoe Philharmonic DEP1
10a ● MileHi Service THR 11a ● Coffee & Chat ACT 130p ● Play American Mahjong ACT 205p ● Broncos Game THR 4p ● Scrabble ACT 430p ★ Hanukkah Service THR 630p ● Family Movie THR	10a ● Armchair Exercise STU 19 11a ● Group Crossword ACT 2p ★ Jewelry Making ACT 3p ★ Afternoon Music CSL 4p ● Current Events THR 5p ● Menorah Lighting LNG1 630p ● Game Night ACT	10a ● Armchair Exercise STU 20 10a ★ Nordstrom Rack DEP1 11a ● Brain Games ACT 230p ★ Science Lecture THR 4p ★ Happy Hour CSL 5p ● Menorah Lighting LNG1 630p ● Documentary THR	10a ● Armchair Exercise STU 21 1030a ★ Gift Wrapping LNG1 11a ● Boggle Word Game ACT 130p ● Play American Mahjong CSL 2p ● Poetry Café THR 330p ★ Active Minds THR 5p ● Menorah Lighting LNG1 630p ● Game Night ACT	10a ● Armchair Exercise STU 22 11a ★ Catholic Communion 11a ● Wordle Word Game ACT 2p ● Uno Card Game ACT 3p ★ Holiday Social LNG1 5p ● Menorah Lighting LNG1 6p ★ Holiday Lights DEP1 630p ● Classic Movie THR	10a ● Movement & Balance ST23 11a ★ Mobile Library LNG1 2p ● Quarter BINGO ACT 3p ● 3D Virtual Reality LNG1 4p ● Tai Chi w/ Paula STU 5p ● Menorah Lighting LNG1 630p ● Movie Night THR	10a ★ Qigong with Ana STU 11a Word Warriors ACT 3p Travelogues THR 4p 1:1 Room Visits 5p Menorah Lighting LNG1 630p Evening Movie THR
10a • MileHi Service THR 11a • Xmas Carol Reading THR 1130a ★ Holiday Lunch CSL 130p • Play American Mahjong ACT 230p • Broncos Game THR 5p • Menorah Lighting LNG1 630p • Holiday Movie: Elf THR	10a ● Armchair Exercise STU 26 11a ● Group Crossword ACT 2p ● Team Jeopardy THR 3p ★ Pet Visit LNG1 4p ★ Donation Project ACT 5p ● Menorah Lighting LNG1 630p ● Game Night ACT	10a ● Armchair Exercise STU 27 10a ★ Target DEP1 11a ● Brain Games ACT 2p ● Flower Arrangements ACT 3p ● Cornhole LNG1 4p ★ Happy Hour CSL 630p ● Documentary THR	10a ● Armchair Exercise STU 28 11a ● Boggle Word Game ACT 130p ● Play American Mahjong CSL 2p ★ Cooking Demo SIG 230p ★ Food Council SIG 330p ★ Donation Drop Off DEP1 630p ● Game Night ACT	10a ● Armchair Exercise STU 29 11a ★ Catholic Communion 11a ● Wordle Word Game ACT 1130a ★ Out to Lunch DEP1 3p ★ Resident Council CSL 4p ★ Birthday Party LNG1 630p ● Classic Movie THR	10a ● Movement & Balance STOO 11a ● Current Events THR 2p ● Small Prize BINGO ACT 3p ● 3D Virtual Reality LNG1 4p ★ Book Club THR 630p ● Movie Night THR	10a ★ Qigong with Ana STU 11a Word Warriors ACT 2p NYE Décor Volunteers ACT 415p ★ NYE Party CSL 630p Evening Movie THR